



FROM ONE DANCER TO ANOTHER  
For Immediate Release

## **Top 10 Ways to Get Students to Dance Full Out**

*Dance Full Out™, [www.dancefullout.com](http://www.dancefullout.com), shows how to motivate dancers in dance class*

Redondo Beach, CA – March 8, 2011 – Dance Full Out™, [www.dancefullout.com](http://www.dancefullout.com) (DFO), the information site for new dancers, instructors and dance parents, today announced their “Top 10 Reasons Students Don’t Dance At Their Very Best” (or “Full Out”) and what dance teachers can do to motivate dancers in dance class.

“Many dance teachers complain about how their dancers will not give 100%, in dance class or at a performance,” says Melanie Rembrandt, DFO founder. “By communicating with students and discovering the real reason for their behavior, it’s possible to create a positive dance environment where students can have fun and learn at the same time.”

With this in mind, here are the...

### **Top 10 Reasons Students Don’t Dance At Their Very Best (Full Out) and What to Do About It)**

#### **1. They just don’t want to be there.**

Many students are in dance class because their parents want them to be there, or they are just attending class because that’s what their friends are doing.

Most dancers have days where they just don’t want to be in dance class. But if there is a sense that a student just doesn’t want to be there over several weeks, get to the root of the problem.

Talk to these students and their parents to find out what is really going on. After all, if these students don’t want to be there, they will tend to cause negativity among other students and ruin the class.

#### **2. They are lazy.**

Some dancers just don’t want to do the work involved in dance. And yes, it’s work. Let students know in advance what is expected of them. And if they don’t try to participate, let them know that they are not following the studio’s policies. Plus, they are letting down the other students in class who are making an effort.

#### **3. They are tired.**

Today’s young people have a lot going on with school, homework, extra-curricular activities, jobs, and a social life. Many times, students are not getting enough sleep and are too tired to give it their all in class.

When this happens, give the students a break. But if the lack of sleep is causing significant issues in class, talk to the students and ask them what is going on. Try to help them manage their schedule so they get the rest they need to stay healthy and become better dancers.

For the full list, visit <http://dancefullout.com/2011/03/dance-full-out/>.

#### **About DFO**

A division of Rembrandt Communications® , LLC, Dance Full Out™ was founded in 2010 to help dancers, and their parents, get the information necessary to pursue a career in dance. Created as a community for dancers and instructors, this site provides free information and memberships that include access to exclusive interviews with today’s top choreographers, a monthly newsletter, teleseminars, coaching, and more. For additional information, visit [www.dancefullout.com](http://www.dancefullout.com) or call 1-800-771-0116.

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